

◀ = Required Courses ■ = Recommended Courses □ = Select for Health Education Preparation

College Success Skills: 1 SHC required
ACA 122 College Transfer Success ___1

GENERAL EDUCATION CORE (44 SHC)

English Composition: 6 SHC required
ENG 111 ◀ Expository Writing ___3
ENG 112 ■ Argument-Based Research ___3
OR
ENG 114 Prof Research & Reporting ___3

Humanities/Fine Arts: 12 SHC required
Select four courses from three categories. One must be a Literature course. Only one Communication course can be selected.

Art
ART 111 Art Appreciation ___3
ART 114 Art History Survey I ___3
ART 115 Art History Survey II ___3
ART 116 Survey of American Art ___3
ART 117 Non-Western Art History ___3

Communications
COM 110 Intro to Communications ___3
COM 120 Interpersonal Communications ___3
COM 140 Intro Intercultural Comm. ___3
COM 231 ■ Public Speaking ___3

Drama
DRA 122 Oral Interpretation ___3

Foreign Languages
FRE 111 Elementary French I ___3
FRE 112 Elementary French II ___3
FRE 211 Intermediate French I ___3
FRE 212 Intermediate French II ___3
GER 111 Elementary German I ___3
GER 112 Elementary German II ___3
GER 211 Intermediate German I ___3
GER 212 Intermediate German II ___3
*SPA 111 Elementary Spanish I ___3
**SPA 112 Elementary Spanish II ___3
SPA 211 Intermediate Spanish I ___3
SPA 212 Intermediate Spanish II ___3
*SPA 181 corequisite **SPA 182 corequisite

Student may place into FRE 112, GER 112, SPA 112

Humanities
HUM 110 Technology and Society ___3
HUM 115 Critical Thinking ___3
HUM 120 Cultural Studies ___3
HUM 160 Intro to Film ___3
HUM 211 Humanities I ___3
HUM 212 Humanities II ___3

Literature – One course required
ENG 131 Intro to Literature ___3
ENG 233 Major American Writers ___3
ENG 243 Major British Writers ___3
ENG 261 World Literature I ___3
ENG 262 World Literature II ___3

Music
MUS 110 Music Appreciation ___3
MUS 112 Intro to Jazz ___3
MUS 113 American Music ___3
MUS 114 Non-Western Music ___3
MUS 213 Opera and Musical Theatre ___3

Philosophy
PHI 210 History of Philosophy ___3
PHI 240 Introduction to Ethics ___3

Religion
REL 110 World Religions ___3
REL 211 Intro to the Old Testament ___3
REL 212 Intro to the New Testament ___3

Social/Behavioral Sciences: 12 SHC required
Select four courses from three categories. One category must be History.

Anthropology
ANT 210 General Anthropology ___3
ANT 221 Comparative Cultures ___3
ANT 240 Archaeology ___3

Economics
ECO 251 Prin of Microeconomics ___3
ECO 252 Prin of Macroeconomics ___3

Geography
GEO 111 World Regional Geography ___3

History – One course required
HIS 111 World Civilizations I ___3
HIS 112 World Civilizations II ___3
HIS 121 Western Civilization I ___3
HIS 122 Western Civilization II ___3
HIS 131 American History I ___3
HIS 132 American History II ___3

Political Science
POL 120 American Government ___3
POL 210 Comparative Government ___3
POL 220 International Relations ___3

Psychology
PSY 150 ■ General Psychology ___3
PSY 237 Social Psychology ___3
PSY 239 Psychology of Personality ___3
PSY 241 ■ Developmental Psychology ___3
PSY 281 Abnormal Psychology ___3

Sociology
SOC 210 Intro to Sociology ___3
SOC 213 Sociology of the Family ___3
SOC 220 Social Problems ___3
SOC 225 Social Diversity ___3

Mathematics: 6 SHC required

Select one course.
MAT 140 Survey of Mathematics ___3
MAT 161 College Algebra ___3
MAT 171 Precalculus Algebra ___3
MAT 175 Precalculus ___4
MAT 271 Calculus I ___4

Select one course.
*MAT 151 Statistics I ___3
MAT 155 Statistical Analysis ___3
*MAT 151A corequisite (lab counts in OTHER REQUIRED HOURS)

Developmental Courses
Based on placement test scores, students may need to complete developmental courses before enrolling in these curriculum courses. However these developmental courses do not give credit towards this degree.

Natural Sciences: 8 SHC required
Two courses required:
BIO 111 ◀ General Biology I ___4
BIO 112 ◀ General Biology II ___4

ECU requires:
BIO 111 General Biology I ___4
PHY 151 College Physics I ___4

(These ECU requirements can be used to complete the degree—see your advisor)

OTHER REQUIRED HOURS (20 SHC)

Required Courses: 4 SHC
PED 110 ◀ Fit and Well for Life ___2

Select at least **two** courses from the following:

PED 113 Aerobics I ___1
PED 114 Aerobics II ___1
PED 115 Step Aerobics I ___1
PED 116 Step Aerobics II ___1
PED 117 Weight Training I ___1
PED 118 Weight Training II ___1
PED 120 Walking for Fitness ___1
PED 121 Walk, Jog, Run ___1
PED 122 Yoga I ___1
PED 123 Yoga II ___1
PED 128 Golf-Beginning ___1
PED 132 Racquetball-Beginning ___1
PED 139 Bowling-Beginning ___1
PED 140 Bowling-Intermediate ___1
PED 143 Volleyball-Beginning ___1
PED 145 Basketball-Beginning ___1
PED 146 Basketball-Intermediate ___1
PED 152 Swimming-Beginning ___1

ACA 122: College Transfer Success is credited in this category. 1 shc

Other courses to complete 15 SHC:
Select 15 semester hours from General Education and Elective courses approved for transfer. See the **Courses Approved for Transfer list**.

Recommended for BS Physical Education and Health Education. ECU required.

BIO 163 Basic Anatomy & Physiology ___5

Recommended for Health Education:
HEA 110 Personal Health & Wellness ___3
HEA 112 First Aid & CPR ___2
HEA 120 Community Health ___3

